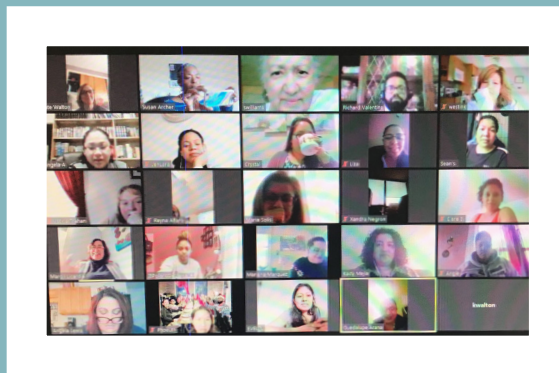




# FAMILY & CHILDREN'S SERVICE

2020 GRATITUDE REPORT



WHETHER IT WAS A GLOBAL PANDEMIC,  
RACIAL RECKONING, OR A CONTENTIOUS ELECTION,  
YOUR SUPPORT WAS OUR LIFELINE THROUGH  
A YEAR OF STORMS.



## BOARD OF DIRECTORS

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## UNPRECEDENTED

To say that 2020 was a year of challenges is an understatement. Like you, Family & Children's Service had to adapt to meet uncertain and unprecedented times. The very core of our mission – "to strengthen the life skills of families, children, and individuals of all ages" – was put to the test over and over again. Central to advancing that mission is connecting vulnerable populations to resources and to each other.

Our staff responded to the "stay at home" order by quickly shifting from in-person visits to virtual support groups, daily check-in calls, and Zoom workshops. They set up learning pods to help teens with online school, found donations of food and essentials, delivered groceries, and even conducted backyard counseling. With social isolation being an equal threat, they ensured that "out of sight" did not mean "out of mind."

You also responded. You stepped up big with sacrificial and unexpected displays of kindness and just plain human decency. You delivered cleaning supplies, masks, groceries, diapers, toys...and hope. You redefined what it means to be a good neighbor. Your support provided relief and stabilization to some of the most vulnerable.

Some of you were once strangers and have now become part of the F&CS family. After all, you are just people helping people (us) to help people (our neighbors.)

Despite the ongoing uncertainty, we are grateful — grateful for folks like you who care.





## YOUTH SERVICES

Our Youth Development Programs strengthen the internal assets and social competencies of youth by addressing root causes of youth violence, teen pregnancy, low educational outcomes, and other social determinants. Our programs build self-esteem, social awareness, personal responsibility, and community connections.

**Teen Scene** is an after-school academic enrichment and summer program for middle school-aged youth that includes homework help, experiential learning projects, service learning, and leadership training.

**Shannon Community Safety Initiative** provides case management, youth leadership training, and job opportunities through a city-wide, inter-agency violence prevention program serving Lynn youth ages 14-24.

**Project PRIME** provides youth with sexual health education to boost their understanding of risks, and helps reduce the incidence of HIV/STDs and unplanned pregnancies among 14-21 year olds.

**The Right Moves** is a school-based after school program that offers an age-appropriate, asset-building, strength-based, and preventative curriculum for fifth grade girls to help with their transition to middle school.

**"The time on the work crew was worth it because not only did I bond with everyone and make money, I also learned to be a leader."** – Ellijah

**"The Shannon Program has helped me achieve goals I didn't know I had."** - Gabriela

**"Working the garden allows me to still work at the agency and go outside, even during the pandemic."** - Niko

# IMPACT



- Before many in-person activities were canceled due to COVID, youth participated in the curation of a local exhibit for the Lynn Museum and spoke about their experiences at a public art campaign.
- When “normal” life was upended, F&CS staff responded by providing academic resources, therapeutic support, even grocery deliveries. Daily check-ins, Zoom cooking demonstrations, virtual hangouts, drive-by shout outs, were employed to keep youth connected to each other and to the program.
- In the summer, youth carried out a community supported agriculture project in collaboration with the Highlands Association, which manages the Cook Street park in Lynn. They planted, nurtured, and harvested vegetables in the 25 garden plots entrusted to them. They also beautified the park by removing overgrown weeds and shrubs and painting structures.
- In the Fall, Lynn Public Schools decided to extend remote learning for another year. F&CS opened a pandemic pod or micro school which allowed a small number of students to attend classes in-person under the supervision of youth staff who provided academic support.
- In an ongoing effort to develop the next generation of change agents, FCS enrolled 17 youth in a Youth Leadership in Action (YLA) program. YLA challenges youth to engage in civic activities by giving them the tools to dream and execute plans that impact social change. Youth planned and successfully completed a holiday toy drive and voter registration awareness campaign in 2020.
- Youth raised funds to provide supermarket gift cards to 85 families at Thanksgiving and distributed over 100 toys to children in Lynn for the holidays

31  
youth served by  
Teen Scene

17  
youth served by  
Project Advance

115  
youth served by  
Project Prime

85%  
reported learning where  
to go for sexual and  
reproductive health  
services in  
their community

50  
girls (five groups)  
served by  
The Right Moves

16  
youths employed in  
two summer work crews



**"It's a great class and should be mandatory for all parents. This is information that could change the world. Better parents, better children."**

– Parenting Journey participant

**"I have been able to get my three children back and I know I can give them the best of me."**

– Parenting Journey participant

## FAMILY SERVICES

We offer a full range of services that help participants develop skills to build stable, productive, and healthy lives. Our programs address specific needs, offering proven and professionally managed services in multiple languages through center-based and in-home settings. Following a two-generational approach, support groups and enrichment events are designed to empower parents, strengthen parent-child bonds, foster healthy child development, and prepare children for academic success.

Family Resource Center (FRC) offers free parenting leadership training, support groups, and developmental screenings of preschool-aged children.

### FRC programs include:

- The Incredible Years and Parenting Journey Classes
- Las Mamas Primerizas
- Grupo do Mujeres
- Teen Mom's Group
- Cambodian Support Group
- Emergency Financial Assistance through the Goldman-Callahan Endowment and United Way

**Healthy Families Harbor Area** is a home visiting program that serves first-time parents in Charlestown, Chelsea, East Boston, Revere or Winthrop who are under the age of 23, and are pregnant or parenting a child under the age of 1.

**Parents as Teachers** provides parents in Chelsea, Lynn, and Revere who are pregnant or parenting children under the age of 5 with in-home visits that focus on strengthening parent-child interaction.

**Family Alliance** is a team of licensed clinicians and case managers who deliver stabilization, support and counseling services to DCF-referred families with children of all ages.

**Young Parents Support** focuses on the needs of parents up to age 23 by providing case management services, assisted referrals and accompaniments.

# IMPACT



- F&CS received the National Hispanic/LatinX Heritage Month Community Service Award from the Partners in Transportation Diversity Committee at the MassDOT/MBTA for our ongoing work serving communities of color.
- At one point last year, there was a 90% unemployment rate and 50% COVID-positive rate among families in the PAT program.

84  
children were  
screened for  
developmental delays

60  
families completed  
three years  
of the Healthy Families  
Harbor Area program

474  
Families participated in  
Parent Support groups  
at the FRC

147  
Hispanic participants

35  
Cambodian participants

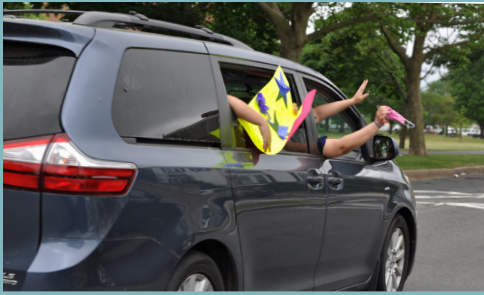
52  
families served by  
Family Alliance

35  
families served by PAT

23  
families served by  
YPS Chelsea

41  
families served  
by Healthy Families





**"The core of our story is to find innovative ways to help make transformative change for those we serve, enabling them to accomplish more with their lives. For families to realize the potential benefits, they will need a support system that can help them unlock their dreams and reach their full potential."**

**– Selvin Chambers, III. Executive Director**

## RESPONDING TO COVID 19

### Diaper Drive

Baby essentials were consistently an area of need across Lynn and Chelsea, but the COVID-19 pandemic left vulnerable families struggling more than usual to obtain them. Essentials like baby wipes and diapers were unavailable at food pantries. Recognizing this need in the community, F&CS launched a campaign to support a Diaper Hotline for families to request diapers. The efforts were boosted by a \$5,000 matching grant from the United Way and generous support from Chelsea Fourth Street, Investors, LLC. What truly made the effort come to life was donors and volunteers who purchased diapers and helped to personally deliver them in the middle of a pandemic. Thanks to that generosity and courage, 24,652 diapers were delivered to families in need. Even during the pandemic, babies and toddlers were able to stay clean and healthy.



### Virtual Family Fun Day

Not even COVID could stop this beloved and well-attended tradition. The show had to go on. F&CS staff transformed Family Fun Day into a virtual info-tainment event that was aired on Facebook, YouTube, and Lynn Community Television. Families and children enjoyed interactive performances in English and Spanish from Curious Creatures and Bruce the Clown along with music and craft demonstrations. When families pre-registered online, they received a sports backpack filled with school supplies, information about community services, and fun materials to participate in the interactive program. Although it looked a little different from previous years, thanks to sponsorships from Eastern Bank and local businesses, even more families were reached due to the magic of social media.



### Hope for the Holidays

The holiday season looked different for everyone this past year with COVID leaving many parents unemployed or facing financial hardship. Without help, F&CS program participants, who are already the most vulnerable in our community, faced a bleak holiday. The F&CS Board of Directors led an initiative to spread a little hope and cheer by enlisting help from the community to ensure that 300 children in need had a gift to unwrap during the holidays. The effort was generously supported by greater Lynn local businesses and neighbors who purchased, wrapped, and delivered gifts to over 300 children, turning a difficult season into a special one.





## 2020 STAFF & PARTNERS

### 2020 STAFF

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Vanna Sari  
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Susan Sheridan  
Julia Stati  
Joanne Stone Libon  
Esther Summersett  
Steve Uhl  
Jenna Wales  
Brendan Ward

### YOUTH SUMMER EMPLOYMENT

Saleh Ahmed  
Lawrence Collins  
Darvin Diaz  
Isaiah Martinez  
Donald Okoro  
Ivan Sanchez  
Gianna Williams  
Jeron Xavapy

## 2020 CONTRIBUTORS

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Thomas Darling

Darling Family 1999 Charitable  
Lead Annuity Trust  
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Lisa Demarco  
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Elmwood Charitable Trust of October 1985  
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Lawrence Field  
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Patrick Wrynn  
Jennie Wu  
Joan Yospin  
Deborah Young  
Francesca Zakharia  
Elaine Zetes  
Patricia Zuchero

### GIFTS OF GOODS AND SERVICES

Basket Making Friends  
Children's Law Center  
Colleen Collins, M.D.  
Cradles to Crayons  
Dental Dreams  
Jean Hamburg  
Planet Aid  
SPUR  
Swampscott Middle School

### FOUNDATIONS

George E. Barnard Trust  
Bessie Papas Foundation  
Bushrod H. Campbell &  
Adah F. Hall Charity Fund  
Citizens Charitable Foundation  
Henry H. Downing Trust  
East Boston Savings Bank  
Charitable Foundation, Inc.  
Eastern Bank Charitable  
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Edward S. & Winifred  
Moseley Foundation  
Harvard University  
Memorial Church  
Henry Pevear Trust  
John H. MacNair  
Charitable Fund  
Lodge of Saint Andrew  
Lynn Cultural Council  
Nordblom Family Foundation  
Salem Five Charitable  
Foundation  
Spinney Mudge Grants  
Committee - Unitarian  
Universalist Church o  
Greater Lynn  
Annie E. Wilson Trust

### COMMUNITY PARTNERS

Aspire Developmental Services, Inc.  
Children's Law Center of MA  
King's Lynne Resident Council  
Kiwanis Club of Chelsea  
Knights of Columbus Valladolid  
Council #70  
Ladies Ancient Order of  
Hibernians Div. 10  
Nahant Woman's Club  
City of Lynn School Department  
Mass Hire - North Shore  
Workforce Board  
North Shore Community  
College  
SPUR  
Swampscott Middle School  
United Way of Greater  
Philadelphia Workplace  
Giving Program  
United Way of Mass Bay  
& Merrimack Valley  
United Way of Rhode Island, Inc.  
Workplace Giving Program  
United Way of Rhode Island, Inc.  
Workplace Giving Program  
Christ Apostolic Church  
Mt.Zion II  
East Baptist Church  
First Church in Swampscott  
Congregational  
Unitarian Universalist Women of  
Greater Lynn

### BUSINESSES & ORGANIZATIONS

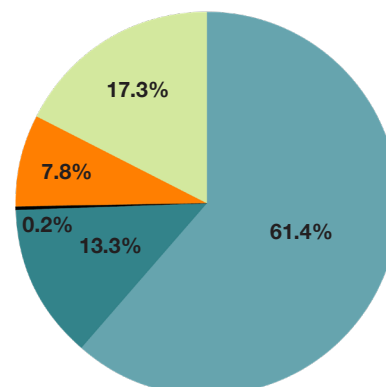
Amazon Smile  
Benevity Community Impact Fund  
Big Y Giving Tag Program  
Certified Public Accountant  
Chestnut Hill Wealth Management  
Coastal Heritage Bank  
Complete Copier & Sales Co.  
Dandreo Bros General Contractors  
Delulis Brothers Construction  
Dental Dreams  
Divine Design by Hadassah  
GE Aviation  
Goodrich Funeral Home  
Hirsch Landscape Services  
IGive.com  
Instant Signal & Alarm Company, Inc.  
Ironbridge Associates LLC  
John's Fuel Service, Inc.  
Kimely Daycare  
McGee & Schiavoni  
Network for Good  
Newhall Real Estate LLC  
North Shore Heating Supply  
Oceanview of Nahant  
Old Neighborhood Foods  
Osborne Medical Supply  
Periwinkles Food Shoppe  
Raina's Hair Color Studio by the Sea  
RFC Financial Services  
Risk Strategies  
Robert W. Irvine & Sons, Inc.  
Sentinel Benefits & Financial Group  
Seyfarth Shaw LLP  
Spinelli's Function Facilities  
St. Jean's Credit Union  
Stop & Shop Giving  
Tag Program  
Truist  
YourCause LLC - Eastern Bank  
Charitable Foundation



## SUMMARY OF OPERATIONS FOR FISCAL YEAR 2020

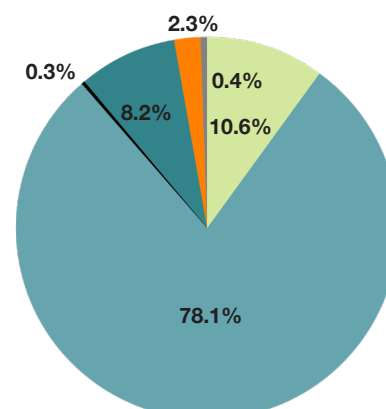
### EXPENSES BY PROGRAM

SOURCE	AMOUNT	% OF TOTAL
Family Support	\$1,546,281	61.4%
Youth	\$334,466	13.3%
Elder	\$4,463	0.2%
Advancement	\$195,702	7.8%
Administrative	\$436,770	17.3%
<b>TOTAL</b>	<b>\$2,517,682</b>	<b>100%</b>



### REVENUES BY SOURCE

SOURCE	AMOUNT	% OF TOTAL
Contributions/Other	\$244,027	10.6%
Contract Revenue	\$1,792,989	78.1%
Program Revenue	\$7,946	0.3%
Investment Allocation	\$187,927	8.2%
United Way	\$53,217	2.3%
Family Financial Stability	\$10,218	0.4%
<b>TOTAL</b>	<b>\$2,296,324</b>	<b>100%</b>

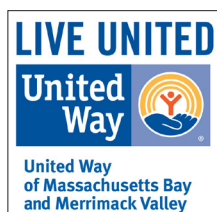


Individual and business contributions make up a small percentage of our revenue, yet are the foundation of our operating expenses.





FAMILY & CHILDREN'S SERVICE IS A MULTISERVICE  
COMMUNITY NONPROFIT ORGANIZATION THAT STRENGTHENS THE LIFE  
SKILLS OF FAMILIES, CHILDREN, AND INDIVIDUALS OF ALL AGES.



## FAMILY & CHILDREN'S SERVICE

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